

# Northampton Parks & Recreation Adult Singles League

**Monday, May 23 - Sunday, August 14, 2022**

**Registration Deadline: Monday, May 16, 2022**

**League Fee:** \$22.00 per player (\$32.00 non-residents)

**Online Registration Only:** <http://northampton.tencaptennis.com>

*New players will first need to click on "JOIN THE COMMUNITY" which is free. You will receive an email that you've successfully joined the community, then you will be able to register for the league.*

**League Jamboree:** The Jamboree is for new league participants. It allows us to see new players play and helps to properly place them by ability in the league. New players should be prepared to play for an hour at the Jamboree.

**Jamboree Date:** Saturday, May 14, 2022 | 2:00 - 4:00 PM

**Location:** JFK Middle School Tennis Courts, 100 Bridge Road, Florence, MA

**Rain Location:** Maple Ridge Community Center  
659 Amherst Road, Sunderland, MA



## **OTHER AVAILABLE SERVICES:**

**Private Lessons** with Mike Kolendo, USPTA Elite Tennis Professional - \$60 per hour.

Racquet stringing, re-gripping, demos and racquet/shoe sales.

**Contact Mike for details:**

**Phone:** 413-374-9738

**Email:** m\_kolendo@charter.net

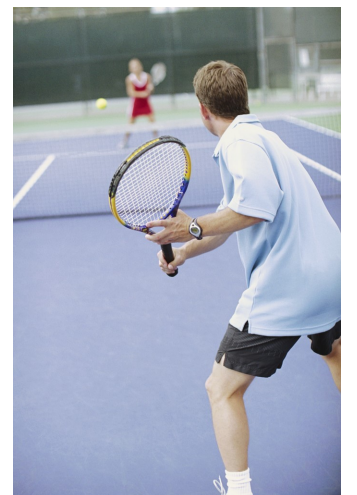


**Northampton Parks & Recreation**  
**100 A Bridge Road, Florence, MA 01062**  
**413-587-1040**  
**[www.northamptonma.gov/recreation](http://www.northamptonma.gov/recreation)**

# Northampton Parks & Recreation 2022 Tennis Programs



Tennis is an individual or team sport and we offer something for all ages and abilities. We are committed to offering a variety of tennis programs to get our community members active and improve their game.



The City of Northampton supervises the six tennis courts at the Aquatic and Family Center at JFK Middle School  
100 Bridge Road, Florence, MA.  
The courts are monitored by Parks & Recreation personnel and are open mid-April through mid-October.

# Northampton Parks & Recreation - Adult Programs

## Adult Group Lessons

Group lessons are offered through the spring, summer and fall.  
Sessions for the following classes are listed below.  
For adults ages 16 years and older.

### Tennis Fundamentals

Introductory class that teaches the basic strokes, movement and strategy needed to begin to play the game.

### Intermediate Tennis Drills

A fast paced workout with lots of drills and games. Play situations, movement and patterns of play are incorporated. Players should be able to hit cooperatively with others and sustain a rally with both groundstrokes and volleys.

#### Tennis Fundamentals

Session 1	Mon & Wed	May 9 - June 6 (no class 5/30)	6:30 - 7:30 PM
Session 2	Tues & Thur	June 7 - 30	5:30 - 6:30 PM
Session 3	Tues & Thur	July 5 - 28	5:30 - 6:30 PM
Session 4	Tues & Thur	August 2 - 25	5:30 - 6:30 PM

#### Intermediate Tennis Drills

Session 1	Tues & Thur	May 10 - June 2	6:30 - 8:00 PM
Session 2	Tues & Thur	June 7 - 30	6:30 - 8:00 PM
Session 3	Tues & Thur	July 5 - 28	6:30 - 8:00 PM
Session 4	Tues & Thur	August 2 - 25	6:30 - 8:00 PM
Session 5	Tues & Thur	August 30 - September 22	5:30 - 7:00 PM

**Location:** JFK Middle School Tennis Courts

**Fee:** \$75.00 per session (\$85.00 Non-Residents)

**Drop In Fee\*:** \$15.00 per class (\$18.00 per class Non-Resident)

*\*Only for Intermediate Tennis Drills*



### Punch Cards Available!

**\$125.00 for 10 classes (\$135.00 Non-Residents)**

*Only used for Intermediate Tennis Drills.*

*Can be used throughout all sessions.*

**Punch cards can only be purchased at the Parks & Recreation Office during regular office hours.**



# Northampton Parks & Recreation - Youth Programs



**Quickstart Tennis:** This program uses the 10-and-under play format for learning the game of tennis. Like other sports, playing areas and equipment are modified to reflect the age and skill development of the player. Smaller courts and low compression or foam balls are used to get kids to actually play tennis asap.

## Quickstart 1 Tennis

**For:** Ages 5 - 7 Years Old

**Session 1:** Saturdays, May 7 - June 18 (no class 5/28)  
9:00 - 10:00 AM  
\$75.00 (\$85.00 Non-Residents)

**Session 2:** Saturdays, September 10 - October 1  
9:00 - 10:00 AM  
\$50.00 (\$60.00 Non-Residents)

**Location:** JFK Middle School Tennis Courts

## Quickstart 2 Tennis

**For:** Ages 8 - 10 Years Old

**Session 1:** Saturdays, May 7 - June 18 (no class 5/28)  
10:00 - 11:00 AM  
\$75.00 (\$85.00 Non-Residents)

**Session 2:** Saturdays, September 10 - October 1  
10:00 - 11:00 AM  
\$50.00 (\$60.00 Non-Residents)

**Location:** JFK Middle School Tennis Courts

*Make-up classes due to weather will be held on the Saturday following the end of the session.*

## Hot Shot Tennis

This program is for all levels of players and the program is divided by ability. Beginners will learn tennis fundamentals and advanced players will work on improving skills and strategies.

**For:** Ages 10 - 14 Years Old

**Session 1:** Saturdays, May 7 - June 18 (no class on 5/28)  
11:00 AM - 12:30 PM  
\$110.00 (\$120.00 Non-Residents)

**Session 2:** Saturdays, September 10 - October 1  
11:00 AM - 12:30 PM  
\$75.00 (\$85.00 Non-Residents)

**Location:** JFK Middle School Tennis Courts



*Make ups will be held on the Saturday following the end of the session.*

## Junior Tennis Skills & Drills

These weekly summer tennis programs are a great way to spend your summer! The Skills & Drills focuses on learning and developing skills of the sport, while the Game Play focuses on playing matches with other participants and learning as you play. Participants can sign up for either the Skills & Drills or the Game Play, or can sign up for both and receive a \$20.00 discount. This program is for all playing levels.

**For:** Ages 8 - 14 Years Old

**Days:** Monday - Friday

**Session Times:** Skills & Drills: 9:00 - 10:30 AM  
Game Play: 10:30 AM - 12:00 PM

**Location:** JFK Middle School Tennis Courts

**Rain Site:** Smith Vocational High School  
(may change based on gym availability)

**Fee:** Week 1 (4 days): \$48.00 per week per session (\$58.00 Non-Residents)  
\$76.00 per week for both sessions in the same week (\$96.00 Non-Residents)  
Weeks 2-6: \$60.00 per week per session (\$70.00 Non-Residents)  
\$100.00 per week for both sessions in the same week (\$120.00 Non-Residents)

*You must register by 12:00 PM noon the Friday before the session begins. A \$10.00 late fee applies if registering after this deadline.*

**Dates:** Week 1 - July 5 - 8 (no class on 7/4)

Week 2 - July 11 - 15

Week 3 - July 18 - 22

Week 4 - July 25 - 29

Week 5 - August 1 - 5

Week 6 - August 8 - 12